

SERIES: Ephesians
Off With The Old, On With The New
Ephesians 4:25-32

Replace Lying with Truth-Telling (4:25)

- Literally, "Put away the _____."
 - Can refer to lying...
 - It can also refer to _____.
- If you are of the truth, if you have learned the truth, if you know the truth, then _____ truth.
- Falsehood undermines _____.

Replace Losing Your Temper with Righteous Anger (4:26-27)

- Be angry and do not _____. (Psalm 4:4)
 - Be angry at the right things.
 - Be angry in the right way.
- Be angry, but watch the _____.
 - Do not _____ on your anger quietly.
 - _____ with your anger quickly.
- Be angry, but watch out for _____.
 - Your emotional life is to be under the sovereignty of God.
 - Your emotions are to be ruled by the Holy Spirit of God.

Replace Stealing with Sharing (4:28)

- Repentance involves stopping and starting.
 - _____ stealing.
 - Stealing seeks to _____ others.
 - Working seeks to _____ others.
 - _____ working.
 - We should work _____.
 - We should work _____.
- Salvation should change us from takers into givers.

Replace Corrupt Talk with Edifying Talk (4:29-30)

- Corrupt speech tears people down. Christians must build one another up.
- Four Questions to evaluate your speech:
 - Am I speaking the truth in _____?
 - Will it _____ them up in this moment?
 - Does it impart _____ to those who hear?
 - Will what I'm about to say or do please the Spirit or _____ the Spirit?

Replace Bitterness and Rage with Kindness and Forgiveness (4:31-32)

- At the heart of bitterness is an _____ spirit.
 - An unforgiving spirit is the devil's _____.
 - An unforgiving spirit will eventually become a Christian's _____.
- Bitterness hardens the heart.
 - A bitter person refuses to _____.
 - A bitter person keeps a _____ of wrongs.
- Bitterness and anger grieve the Holy Spirit.
 - Bitterness in the heart makes us treat others the way _____ treats them.
 - Grace helps us treat others the way _____ treated us.

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Replace Lying with Truth-Telling (4:25)

- Literally, “Put away the **lie**.”
 - Can refer to lying...
 - It can also refer to **idolatry**.
- If you are of the truth, if you have learned the truth, if you know the truth, then **speaking** truth.
- Falsehood undermines **fellowship**.

Replace Losing Your Temper with Righteous Anger (4:26-27)

- Be angry and do not **sin**. (Psalm 4:4)
 - Be angry at the right things.
 - Be angry in the right way.
- Be angry, but watch the **sun**.
 - Do not **dwelling** on your anger quietly.
 - **Deal** with your anger quickly.
- Be angry, but watch out for **Satan**.
 - Your emotional life is to be under the sovereignty of God.
 - Your emotions are to be ruled by the Holy Spirit of God.

Replace Stealing with Sharing (4:28)

- Repentance involves stopping and starting.
 - **Stop** stealing.
 - Stealing seeks to **hurt** others.
 - Working seeks to **help** others.
 - **Start** working.
 - We should work **hard**.
 - We should work **honestly**.
- Salvation should change us from takers into givers.

Replace Corrupt Talk with Edifying Talk (4:29-30)

- Corrupt speech tears people down. Christians must build one another up.
- Four Questions to evaluate your speech:
 - Am I speaking the truth in **love**?
 - Will it **build** them up in this moment?
 - Does it impart **grace** to those who hear?
 - Will what I’m about to say or do please the Spirit or **grieve** the Spirit?

Replace Bitterness and Rage with Kindness and Forgiveness (4:31-32)

- At the heart of bitterness is an **unforgiving** spirit.
 - An unforgiving spirit is the devil’s **playground**.
 - An unforgiving spirit will eventually become a Christian’s **battleground**.
- Bitterness hardens the heart.
 - A bitter person refuses to **reconcile**.
 - A bitter person keeps a **record** of wrongs.
- Bitterness and anger grieve the Holy Spirit.
 - Bitterness in the heart makes us treat others the way **Satan** treats them.
 - Grace helps us treat others the way **God** treated us.