

**Trust the Words of a Man Who Tried it All (v. 1)**

- He sat in the highest position.
- He possessed the greatest wisdom.
- He was the most gifted, yet came away from life empty-handed.

**Life Without God is Empty (v. 2)**

- Life is like a vapor of breath (*hebel*)
  - Life is **fleeting**. It is passing quickly.
  - Life is **futile**. It produces no lasting results.
  - Life is **foggy**. It is unknowable.

**Work Apart From God Is Pointless. (v. 3-4)**

- Apart from God, none of man's work brings any **meaning**.
- Despite all of man's work, in the end he gains **nothing**.
- With each passing generation, this problem never goes away.
  - Non-Christians: To live is pointless, and to die is **loss**.
  - Christians: To live is Christ, and to die is **gain**.

**We See the Meaninglessness in the Cycles of Creation. (5-7)**

- When Adam fell, **creation** fell. (Romans 8:20-21)
  - When a believer looks at creation, he **rejoices**.
  - When an unbeliever looks at creation, he remains **hopeless**.
    - The sun- an endless race with no **finish**.
    - The wind- an endless journey that never **arrives**.
    - The sea- an endless stream that never **fills**.

**The Things We Want Most In Life Only Make Us Weary (v. 8)**

- Two Universal Laws:
  - Law of Unfulfilled Expectations- What we desire can't **fulfill** us.
  - Law of Diminishing Returns- What we get delights us **less** and **less**.
- Saint Augustine was right:
  - “Our hearts are restless until they rest in Thee.”

**Ultimate Meaning is Not Found in What is New (v. 9-10)**

- There is no ultimate meaning in progress, inventions, or new accomplishments.
- There is nothing new under the sun that will **satisfy** our souls.

**Face the Facts: In the End, Nothing Will be Remembered (v. 11)**

- Life under the sun is **redundant** life.
- Jesus came to give **abundant** life.

***“Only one life, twill soon be past; Only what's done for Christ will last.”***

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